

# ELEMENTARY [ECE-8] LUNCH MENU

JANUARY 2018



Food & Nutrition Services  
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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## DAILY ALTERNATE LUNCH ENTRÉE CHOICES:

<b>PB &amp; J Sandwich</b> <b>Ham &amp; Cheese Munchable</b> <b>Toasted Cheese Sandwich</b>	<b>PB &amp; J Sandwich</b> <b>Yogurt &amp; Blueberry Muffin</b> <b>Ham Sandwich</b> <b>Turkey &amp; Cheese Sandwich</b>	<b>PB &amp; J Sandwich</b> <b>Ham &amp; Cheese Munchable</b> <b>Toasted Cheese Sandwich</b>	<b>PB &amp; J Sandwich</b> <b>Yogurt &amp; Blueberry Muffin</b> <b>Ham Sandwich</b> <b>Turkey &amp; Cheese Sandwich</b>	<b>PB &amp; J Sandwich</b> <b>Ham &amp; Cheese Munchable</b> <b>Toasted Cheese Sandwich</b>
1  <b>WINTER BREAK</b>	2  <b>WINTER BREAK</b>	3  <b>WINTER BREAK</b>	4 <b>DPS WINTER BREAK</b>  <i>Manager's Choices</i>	5 <b>DPS PLANNING DAY</b>  <i>Manager's Choices</i>
8  <b>Taco Salad</b> <b>Garden Taco Salad</b> Spanish Beans Cucumber Coins	9  <b>Hot Ham &amp; Cheese</b> <b>Grilled Med Sandwich</b> Broccoli Cucumber Coins RIPS	10  <b>Chicken Gumbo w/</b> <b>Brown Rice</b> <b>Spinach Po'Boy</b> Baby Carrots Cauliflower Sweet Corn	11  <b>Green Chili Chicken</b> <b>Lasagna</b> <b>Hummus Bowl</b> Sweet Corn Baby Carrots Salad	12  <b>Hamburger on Bun</b> <b>Salsa Black Bean Burger</b> Homestyle Potato Salad Celery Sticks
15  <b>MARTIN LUTHER KING JR DAY</b>	16  <b>Chicken Lo Mein</b> <b>Vegetable Lo Mein</b> Sweet Peas Cauliflower	17  <b>Crispy Tacos</b> <b>Crispy Veggie Tacos</b> <b>Spanish Rice</b> Baby Carrots Spicy Corn Salad	18  <b>Cheesy Bread Sticks w/</b> <b>Marinara</b> Garden Greens Cauliflower	19  <b>Ballpark Nachos</b> <b>Buffalo Chicken Salad w/ Dinner Roll</b> Spanish Beans Spicy Cucumbers
22  <b>Waffle Sticks w/ Sausage</b> <b>Waffle Sticks w/Eggs</b> Oven Browned Potatoes Celery Sticks	23  <b>Hamburger on Bun</b> <b>Salsa Black Bean Burger</b> Homestyle Potato Salad Southwest Beans	24  <b>Korean Chicken w/</b> <b>Asian Style Rice</b> <b>Broccoli &amp; Cheese</b> <b>Baked Potato</b> Cauliflower Green Beans	25  <b>Spaghetti w/Meat Sauce</b> <b>Spaghetti w/Marinara Sauce</b> <b>Garlic Toast</b> Garden Greens Cucumber Coins RIPS	26  <b>Turkey Burrito Bowl</b> <b>Bean &amp; Cheese Burrito</b> Spicy Corn Salad Baby Carrots
29  <b>Chicken Nuggets</b> <b>Mac &amp; Cheese</b> <b>Dinner Roll</b> Fiesta Bean Salad Baby Carrots	30  <b>'Pig' in a Blanket</b> <b>Crunchy Falafel Wrap</b> Creamy Coleslaw Potato Strips RIPS	31  <b>Lemon Chicken</b> <b>Chickpea Spinach Salad</b> <b>Garlic Toast</b> Broccoli Cucumber/Tomato Salad	<b>MILK CHOICES:</b> An unlimited variety of fresh, canned and frozen fruits and vegetables are offered daily. Local varieties used when available.	
			<b>SALAD BAR:</b> Water and a variety of milk are provided with each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate	

## MENU INFORMATION

	<b>Scratch Made</b>		<b>Vegetarian</b>		<b>Whole Grain</b>		<b>Contains Pork</b>
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For more information please visit: [foodservices.dpsk12.org](http://foodservices.dpsk12.org)

\* Please note, menus are subject to change. This institution is an equal opportunity provider.



## JOIN US

We cordially invite your student to have lunch with us.

In Denver Public Schools, we recognize that student health has a direct impact on academic achievement. We believe healthy kids make better students, and better students make healthier communities. That is why we are committed to providing our students with delicious, nutritious and convenient meal options every day.

Our students have daily access to fruit and vegetable bars, vegetarian options and locally sourced ingredients. Our lunch program is available to all of students, regardless of income.

Research shows, students who eat breakfast at the start of their school day have higher math and reading scores, they focus and behave better and are less likely to be absent. We are proud to serve breakfast, at no charge, to all students in Denver Public Schools.

Give us a try today. We would be thrilled to feed your child.

For more information, please visit: [foodservices.dpsk12.org/](http://foodservices.dpsk12.org/)

### CHARGE POLICY UPDATE

We are pleased to announce that beginning this year, we will feed every student, every day. That means we will offer every child a complete lunch meal, even if they do not have the means to pay. However, families will still be expected to repay any lunch debt their child accrues. Rules and guidelines for the school lunch program have not changed as a result of this new and exciting decision.

We highly encourage all families to apply for the free- and reduced- lunch assistance program, regardless if you qualify.

To apply, visit: <http://foodservices.dpsk12.org/>

### FEATURED ENTRÉE OF THE MONTH

#### Chicken Gumbo with Brown Rice



### YOU SPOKE. WE LISTENED.

This year, we've added over 15 new hot lunch entrées to the school lunch menu, including chicken gumbo, tamales, green chili lasagna, carnitas tacos, lo mein, and a turkey bowl burrito, just to name a few.

We received feedback from DPS families that they wanted more vegetarian options, as well. New to the menu, we now offer a salsa black bean veggie burger, grilled Mediterranean veggie sandwich and a delicious chickpea spinach salad.

Thank you for your feedback. We will continue to refine our menu and add new items every semester.