

ELEMENTARY [ECE – 8] BREAKFAST AND LUNCH MENU

NOVEMBER 2017



Food & Nutrition Services
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY ALTERNATE LUNCH ENTRÉE CHOICES				
PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich	Yogurt & Blueberry Muffin Ham Sandwich Turkey & Cheese Sandwich	PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich	Yogurt & Blueberry Muffin Ham Sandwich Turkey & Cheese Sandwich	PB & J Sandwich Ham & Cheese Munchable Toasted Cheese Sandwich
MILK CHOICES Water and a variety of milk are provided with each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate	SALAD BAR An unlimited variety of fresh, canned, and frozen fruits and vegetables are offered daily. Local varieties used when available.	1 Korean Chicken w/ Asian Style Rice Broccoli & Cheese Baked Potato Cauliflower Green Beans	2 Beef Lasagna Spinach Lasagna Garlic Toast Garden Greens Cucumber Coins RIPS	3 DPS PARENT/TEACHER CONFERENCE DAY BBQ Pizza Cheese Pizza Spinach Salad w/ Mandarin Oranges Baby Carrots
6 Chicken Quesadillas Cheese Quesadillas Fiesta Bean Salad Baby Carrots	7 Meat Loaf Green Chili Relleno Quiche Cheesy Potatoes Cucumber Coins	8 Turkey Alá King w/ Farmstyle Biscuit Ham Chef Salad w/ Croutons Sweet Corn Mashed Potatoes	9 Sloppy Joe on Bun Brown Rice & Beans Sweet Potato Puffs Creamy Coleslaw	10 Chicken Alfredo Pasta Pasta Alfredo Garlic Toast Garden Greens Cauliflower
13 Taco Salad Garden Taco Salad Spanish Beans Cucumber Coins	14 'Pig' in a Blanket Crunchy Falafel Wrap Creamy Coleslaw Potato Strips RIPS	15 Chicken Gumbo w/ Brown Rice Spinach Po'Boy Baby Carrots Cauliflower	16 Hot Ham & Cheese Grilled Med Sandwich Broccoli Cucumber Coins	17 Green Chili Lasagna Hummus Bowl Sweet Corn Baby Carrots
20 DPS FALL BREAK <i>Manager's Choices</i>	20 DPS FALL BREAK <i>Manager's Choices</i>	20 DPS FALL BREAK <i>Manager's Choices</i>	20 THANKSGIVING NO MEAL SERVICE	20 DPS FALL BREAK NO MEAL SERVICE
27 Hamburger on Bun Salsa Black Bean Burger Homestyle Potato Salad Celery Sticks	28 Chicken Lo Mein Vegetable Lo Mein Sweet Peas Cucumber Coins	29 Crispy Tacos Veggie Crispy Tacos Spanish Rice Baby Carrots Spicy Corn Salad	30 Cheese Pizza Celery Sticks Garden Greens	

MENU INFORMATION

	Scratch Made		Vegetarian		Whole Grain		Contains Pork
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For more information please visit: foodservices.dpsk12.org

* Please note, menus are subject to change. This institution is an equal opportunity provider.



JOIN US

We cordially invite your student to have lunch with us.

In Denver Public Schools, we recognize that student health has a direct impact on academic achievement. We believe healthy kids make better students, and better students make healthier communities. That is why we are committed to providing our students with delicious, nutritious and convenient meal options every day.

Our students have daily access to fruit and vegetable bars, vegetarian options and locally sourced ingredients. Our lunch program is available to all of students, regardless of income.

Research shows, students who eat breakfast at the start of their school day have higher math and reading scores, they focus and behave better and are less likely to be absent. We are proud to serve breakfast, at no charge, to all students in Denver Public Schools.

Give us a try today. We would be thrilled to feed your child.

For more information, please visit: foodservices.dpsk12.org/

CHARGE POLICY UPDATE

We are pleased to announce that beginning this year, we will feed every student, every day. That means we will offer every child a complete lunch meal, even if they do not have the means to pay. However, families will still be expected to repay any lunch debt their child accrues. Rules and guidelines for the school lunch program have not changed as a result of this new and exciting decision.

We highly encourage all families to apply for the free- and reduced- lunch assistance program, regardless if you qualify.

To apply, visit: <http://foodservices.dpsk12.org/>

FEATURED ENTRÉE OF THE MONTH

Grilled Mediterranean Sandwich



THANKSGIVING LUNCH

Thanksgiving is a chance for loved ones to come together and enjoy a hearty meal and good conversation. Every year, many DPS schools host a Thanksgiving lunch where families can enjoy a mouth-watering meal with their children.

Our Food and Nutrition Services staff works overtime to prepare delicious and healthy Thanksgiving inspired meals the same way we prepare our lunch meals every day.

Find out if your school is participating in this year's Thanksgiving lunch and join us as we serve you and your child a delicious Thanksgiving lunch.