

# BREAKFAST MENU

NOVEMBER 2017 .....



Food & Nutrition Services  
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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## DAILY BREAKFAST ENTRÉE ALTERNATE CHOICES .....

<b>Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll</b> <b>Yogurt &amp; Granola</b>	<b>Cereal or Hard Boiled Eggs w/ Toast or Cinnamon Roll</b> <b>Yogurt &amp; Granola</b>	<b>Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll</b> <b>Yogurt &amp; Granola</b>	<b>Cereal or Hard Boiled Eggs w/ Toast or Cinnamon Roll</b> <b>Yogurt &amp; Granola</b>	<b>Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll</b> <b>Yogurt &amp; Granola</b>
<b>MILK CHOICES</b> ..... Water & a variety of milk are provided with each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate		1  <b>Breakfast Cannoli</b> Honeydew 100% Fruit Juice Box	2  <b>Pancakes</b> w/Syrup Blueberries 100% Fruit Juice Box	3 DPS <b>PARENT/TEACHER CONFERENCE DAY</b>  <i><b>Egg &amp; Cheese Quiche</b></i> <i>Mandarin Oranges</i> <i>100% Fruit Juice Box</i>
6  <b>Sausage Biscuit</b> Grapefruit 100% Fruit Juice Box	7  <b>Breakfast Pizza</b> Strawberries 100% Fruit Juice Box	8  <b>Baked French Toast</b> Honeydew 100% Fruit Juice Box	9  <b>Breakfast Swirl</b> Peaches 100% Fruit Juice Box	10  <b>Applesauce Oatmeal</b> Blueberries 100% Fruit Juice Box
13  <b>Ham &amp; Cheese Bagel</b> Grapefruit 100% Fruit Juice Box	14  <b>Breakfast Pizza</b> Strawberries 100% Fruit Juice Box	15  <b>Breakfast Cannoli</b> Honeydew 100% Fruit Juice Box	16  <b>Pancakes</b> w/Syrup Peaches 100% Fruit Juice Box	17  <b>Egg &amp; Cheese Quiche</b> Blueberries 100% Fruit Juice Box
20 DPS FALL BREAK  <b>Sausage Biscuit</b> Grapefruit 100% Fruit Juice Box	21 DPS FALL BREAK  <b>Breakfast Pizza</b> Strawberries 100% Fruit Juice Box	22 DPS FALL BREAK  <b>Baked French Toast</b> Honeydew 100% Fruit Juice Box	23 THANKSGIVING  NO FOOD SERVICE	24 DPS FALL BREAK  NO FOOD SERVICE
27  <b>Pancakes</b> w/Syrup Grapefruit 100% Fruit Juice Box	28  <b>Breakfast Pizza</b> Strawberries 100% Fruit Juice Box	29  <b>Breakfast Cannoli</b> Honeydew 100% Fruit Juice Box	30  <b>Ham &amp; Cheese Bagel</b> Peaches 100% Fruit Juice Box	

## MENU INFORMATION

	<b>Scratch Made</b>		<b>Vegetarian</b>		<b>Whole Grain</b>		<b>Contains Pork</b>
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For more information please visit: [foodservices.dpsk12.org](http://foodservices.dpsk12.org)

*\* Please note, menus are subject to change. This institution is an equal opportunity provider.*



## JOIN US

We cordially invite your student to have lunch with us.

In Denver Public Schools, we recognize that student health has a direct impact on academic achievement. We believe healthy kids make better students, and better students make healthier communities. That is why we are committed to providing our students with delicious, nutritious and convenient meal options every day.

Our students have daily access to fruit and vegetable bars, vegetarian options and locally sourced ingredients. Our lunch program is available to all of students, regardless of income.

Research shows, students who eat breakfast at the start of their school day have higher math and reading scores, they focus and behave better and are less likely to be absent. We are proud to serve breakfast, at no charge, to all students in Denver Public Schools.

Give us a try today. We would be thrilled to feed your child.

For more information, please visit: [foodservices.dpsk12.org/](http://foodservices.dpsk12.org/)

### CHARGE POLICY UPDATE

We are pleased to announce that beginning this year, we will feed every student, every day. That means we will offer every child a complete lunch meal, even if they do not have the means to pay. However, families will still be expected to repay any lunch debt their child accrues. Rules and guidelines for the school lunch program have not changed as a result of this new and exciting decision.

We highly encourage all families to apply for the free- and reduced- lunch assistance program, regardless if you qualify.

To apply, visit: <http://foodservices.dpsk12.org/>

### FEATURED ENTRÉE OF THE MONTH

#### Grilled Mediterranean Sandwich



### THANKSGIVING LUNCH

Thanksgiving is a chance for loved ones to come together and enjoy a hearty meal and good conversation. Every year, many DPS schools host a Thanksgiving lunch where families can enjoy a mouth-watering meal with their children.

Our Food and Nutrition Services staff works overtime to prepare delicious and healthy Thanksgiving inspired meals the same way we prepare our lunch meals every day.

Find out if your school is participating in this year's Thanksgiving lunch and join us as we serve you and your child a delicious Thanksgiving lunch.