

ECE – 12 BREAKFAST MENU

OCTOBER 2017



Food & Nutrition Services
Feeding healthy futures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Daily Breakfast Entrée Alternate Choices:

Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll Yogurt & Granola	Cereal or Hard Boiled Eggs w/ Toast or Cinnamon Roll Yogurt & Granola	Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll Yogurt & Granola	Cereal or Hard Boiled Eggs w/ Toast or Cinnamon Roll Yogurt & Granola	Cereal or Scrambled Eggs w/ Toast or Cinnamon Roll Yogurt & Granola
2 Pancakes w/ Syrup Blueberries 100% Fruit Juice Box	3 Breakfast Pizza Peaches 100% Fruit Juice Box	4 Breakfast Cannoli Honeydew 100% Fruit Juice Box	5 Ham & Cheese Bagel Strawberries 100% Fruit Juice Box	6 Egg & Cheese Quiche Mandarin Oranges 100% Fruit Juice Box
9 Sausage Biscuit Blueberries 100% Fruit Juice Box	10 Breakfast Pizza Peaches 100% Fruit Juice Box	11 Baked French Toast Honeydew 100% Fruit Juice Box	12 Breakfast Swirl Strawberries 100% Fruit Juice Box	13 Applesauce Oatmeal Mandarin Oranges 100% Fruit Juice Box
16 Pancakes w/ Syrup Blueberries 100% Fruit Juice Box	17 Breakfast Pizza Peaches 100% Fruit Juice Box	18 Breakfast Cannoli Honeydew 100% Fruit Juice Box	19 Ham & Cheese Bagel Strawberries 100% Fruit Juice Box	20 Egg & Cheese Quiche Mandarin Oranges 100% Fruit Juice Box
23 Sausage Biscuit Blueberries 100% Fruit Juice Box	23 Breakfast Pizza Peaches 100% Fruit Juice Box	24 Baked French Toast Honeydew 100% Fruit Juice Box	25 DPS PLANNING DAY Breakfast Swirl Strawberries 100% Fruit Juice Box Apples	26 DPS PLANNING DAY Applesauce Oatmeal Mandarin Oranges 100% Fruit Juice Box
30 Pancakes w/ Syrup Blueberries 100% Fruit Juice Box	31 Breakfast Pizza Peaches 100% Fruit Juice Box		MILK CHOICES Water & a variety of milk are provided with each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate	

MENU INFORMATION

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| Scratch Made | Vegetarian | Whole Grain | Contains Pork |
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For more information please visit: foodservices.dpsk12.org

** Please note, menus are subject to change. This institution is an equal opportunity provider.*



JOIN US

We cordially invite your student to have lunch with us.

In Denver Public Schools, we recognize that student health has a direct impact on academic achievement. We believe healthy kids make better students, and better students make healthier communities. That is why we are committed to providing our students with delicious, nutritious and convenient meal options every day.

Our students have daily access to fruit and vegetable bars, vegetarian options and locally-sourced ingredients. Our lunch program is available to all of students, regardless of income.

Research shows, students who eat breakfast at the start of their school day have higher math and reading scores, they focus and behave better and are less likely to be absent. We are proud to serve breakfast, at no charge, to ALL students in Denver Public Schools.

Give us a try today. We would be thrilled to feed your child.

For more information, please visit: foodservices.dpsk12.org/

CHARGE POLICY UPDATE

We are pleased to announce that beginning this year, we will feed every student, every day. That means we will offer every child a complete lunch meal, even if they do not have the means to pay. However, families will still be expected to repay any lunch debt their child accrues. Rules and guidelines for the school lunch program have not changed as a result of this new and exciting decision.

We highly encourage all families to apply for the free- and reduced- lunch assistance program, regardless if you qualify.

To apply, visit: <http://foodservices.dpsk12.org/>

FEATURED ENTRÉE OF THE MONTH

Korean BBQ Chicken



NEW LUNCH ITEMS THIS YEAR

We are excited to announce new lunch entrées for the 2017-18 lunch menu, including:

- Lemon chicken
- Chicken and lime rice burrito
- Vegetarian burger (new recipe)
- Korean BBQ chicken
- Chickpea spinach salad

We will continue to serve a variety of side dishes to accompany these new entrees, including fruits and vegetables.